

WFA Goals

1. Find Life Threats
2. Fix Life Threats
3. Get Help

Scene Size Up

- S - Safety
- T - Terrain
- E - Environment
- R - Resources
- I - Impression

Primary Assessment

- A - Airway
- B - Breathing
- C - Circulation
- D - Disability of the Nervous System
- E - Environment

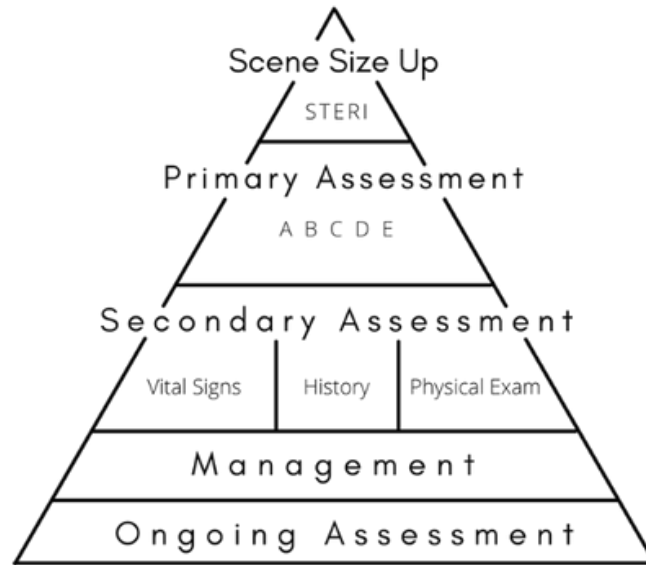
Secondary Assessment

- | | |
|------------------------|---------------------------|
| S - Signs and Symptoms | O - Onset |
| A - Allergies | P - Provokes or Palliates |
| M - Medications | Q - Quality |
| P - Problems | R - Radiates |
| L - Last in's and outs | S - Severity |
| E - Event | T - Time |

NEXUS

1. No C-spine or neck pain
2. Must be sober
3. Must be A&O x4
4. No neurological deficits
5. No distracting injuries

Patient Assessment System



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Splinting Guideline

1. Rigid to support injury
2. Immobilizes joints/bones on either side of the injury
3. Padded for protection
4. Adjustable for comfort
5. Accessible for CMS assessment



The Patient Assessment System



Step 1: Safety and Complicating Factors

Scene Size Up

- S:** Safety
- T:** Terrain
- E:** Environment
- R:** Resources
- I:** Impression of the patient and of the situation



Step 2: Find and Fix Life Threats

Primary Assessment

- A:** Airway
- B:** Breathing
- C:** Circulation (blood sweep) **stop bleeds first**
- D:** Disability (of the brain, spinal cord, nerves) (LOC/CMS)
- E:** Environment (hypowrap or cool down)



Step 3: Gather Information

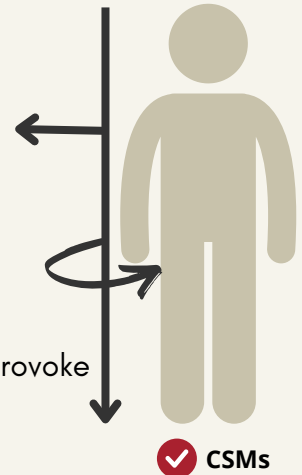
Secondary Assessment

Vitals

Level of Consciousness (LOC)
Pulse (HR)
Respiratory Rate (RR)
Skin

WFR
Blood Pressure (BP)
Pupils (PERRL)
O2 Saturation
Glucose

Head to Toe Exam



Medical History

- | | |
|-------------------------------------|----------------------------|
| S: Signs/Symptoms | O: Onset |
| A: Allergies | P: Palliate/Provoke |
| M: Medications | Q: Quality |
| P: Pertinent Medical History | R: Refer |
| L: Last Ins/Outs | S: Severity (1-10) |
| E: Event | T: Time |



Step 4: Management and Reassess

Provide treatments if not done already. Recheck ABCDE's.